Garnet
Garnet Global Training Center

GGT-HS-111

HSE & Process Safety

Working at Height Safety

السلامة في العمل على المرتفعات

Duration	Language	Formats	Hours	Level
5 or 10 days	**English or Arabic**	**Classroom, online, in-house**	**35 / 70**	**Intermediate (practitioner)**

Overview

Working at Height Safety turns established good practice into step-by-step methods that participants rehearse in exercises and then apply at work. Prevent incidents by understanding hazards, controlling risk and leading safety culture. It runs as a 5-day or 10-day program in English or Arabic, in classrooms in Dubai, Riyadh, Cairo, London, Istanbul and other cities, or live online, and can be delivered in-house.

What you will be able to do

- Apply the methods and standards of Working at Height Safety to real tasks.
- Avoid the mistakes that most often cause rework or failure.
- Share good practice with your team.
- Use the right tools, checks and calculations step by step.
- Diagnose common problems and identify root causes.

Who should attend

HSE professionals, operations leaders, supervisors and anyone accountable for safe work. Practitioners with one to five years of experience benefit most.

Key topics

- Hazard identification and risk assessment
- Barriers, bow-tie and layers of protection
- Legal duties and international standards
- Human factors and safety culture
- Emergency preparedness
- Lessons from major accident investigations

Formats and fees

5-day classroom	**USD 4,750**
5-day online	**USD 2,950**
10-day classroom	**USD 8,950**
10-day online	**USD 5,450**
In-house	**Quotation per group**

Fees per participant, excluding VAT.

Register or ask

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Email: info@garnettrainings.com

Training: training@garnettrainings.com

Web: garnettrainings.com

Sharjah Publishing City Free Zone, Sharjah, UAE

Certificate

Participants who attend at least 90% of sessions and complete the final assessment receive a certificate of completion stating 35 contact hours (5-day) or 70 contact hours (10-day).

5-day outline

Day 1 Working at Height Safety: principles and standards
- Lessons from major accident investigations
- Hands-on workshop on a workplace challenge

Day 2 Methods and tools in practice
- Hazard identification and risk assessment
- Barriers, bow-tie and layers of protection

Day 3 Diagnosis and problem solving
- Legal duties and international standards
- Common mistakes and how to avoid them

Day 4 Quality, safety and documentation
- Human factors and safety culture
- Regional and international case studies

Day 5 Workshop, assessment and action plan
- Emergency preparedness
- Checklists and templates to take away

10-day outline

Day 1 Working at Height Safety: principles and standards
- Lessons from major accident investigations
- Hands-on workshop on a workplace challenge

Day 2 Methods and tools in practice
- Hazard identification and risk assessment
- Barriers, bow-tie and layers of protection

Day 3 Diagnosis and problem solving
- Legal duties and international standards
- Common mistakes and how to avoid them

Day 4 Quality, safety and documentation
- Human factors and safety culture
- Regional and international case studies

Day 5 Workshop, assessment and action plan
- Emergency preparedness
- Checklists and templates to take away

Day 6 Advanced techniques and specialist practice
- Complex cases in depth
- Group discussion and peer review

Day 7 Digital tools, data and automation
- Analysis tools and software
- Using AI in this field

Day 8 Benchmarking against international practice
- Global performance benchmarks
- Measurement and reporting

Day 9 Capstone project
- Analyse a real challenge from your organisation
- Build the solution and implementation plan

Day 10 Presentations, final assessment and certificates
- Project presentations and review
- Final exam and certificate award

Schedule 2027–2030

Dates	Format	City	Language	Fee (USD)
10–21 May 2027	10-day classroom	Paris	English	8,950
5–9 Jul 2027	5-day online	Live online	Arabic	2,950
11–15 Oct 2027	5-day classroom	Dubai	English	4,750
13–17 Dec 2027	5-day classroom	Kuala Lumpur	English	4,750
10–21 Jan 2028	10-day online	Live online	English	5,450
13–17 Feb 2028	5-day classroom	Cairo	Arabic	4,750
2–13 Apr 2028	10-day classroom	Riyadh	English	8,950
15–19 May 2028	5-day classroom	Istanbul	English	4,750
19–23 Mar 2029	5-day classroom	Casablanca	English	4,750

Dates	Format	City	Language	Fee (USD)
15–19 Jul 2029	5-day classroom	Amman	English	4,750
20–31 Aug 2029	10-day classroom	London	English	8,950
19–23 Nov 2029	5-day online	Live online	English	2,950
14–25 Jan 2030	10-day online	Live online	Arabic	5,450
12–16 May 2030	5-day classroom	Riyadh	Arabic	4,750
14–18 Jul 2030	5-day classroom	Muscat	Arabic	4,750
9–20 Dec 2030	10-day classroom	Kuala Lumpur	English	8,950

Customised and in-house versions of this course are available on request. garnettrainings.com/en/customise/