Garnet
Garnet Global Training Center

GGT-PS-120

Workplace Psychology & Behavioural Science

Team Psychology & Group Dynamics

علم نفس الفرق وديناميكيات الجماعة

Duration	Language	Formats	Hours	Level
5 or 10 days	**English or Arabic**	**Classroom, online, in-house**	**35 / 70**	**Intermediate (practitioner)**

Overview

Participants in Team Psychology & Group Dynamics practise the methods, tools and standards they need to perform reliably and solve problems on the job. Apply behavioural science to motivation, decisions, safety and wellbeing at work. It runs as a 5-day or 10-day program in English or Arabic, in classrooms in Dubai, Riyadh, Cairo, London, Istanbul and other cities, or live online, and can be delivered in-house.

What you will be able to do

- Apply the methods and standards of Team Psychology & Group Dynamics to real tasks.
- Interpret data and results correctly and act on them.
- Follow safe, compliant and documented work practices.
- Avoid the mistakes that most often cause rework or failure.
- Share good practice with your team.

Who should attend

HR and L&D professionals, managers, safety leaders and organisational development teams. Practitioners with one to five years of experience benefit most.

Key topics

- How people decide
- Motivation and engagement
- Behaviour change methods
- Assessment tools
- Wellbeing at work
- Ethics in applied psychology

Formats and fees

5-day classroom	**USD 4,750**
5-day online	**USD 2,950**
10-day classroom	**USD 8,950**
10-day online	**USD 5,450**
In-house	**Quotation per group**

Fees per participant, excluding VAT.

Register or ask

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Email: info@garnettrainings.com

Training: training@garnettrainings.com

Web: garnettrainings.com

Sharjah Publishing City Free Zone, Sharjah, UAE

Certificate

Participants who attend at least 90% of sessions and complete the final assessment receive a certificate of completion stating 35 contact hours (5-day) or 70 contact hours (10-day).

5-day outline

Day 1 Team Psychology & Group Dynamics: principles and standards

- Motivation and engagement
- Hands-on workshop on a workplace challenge

Day 2 Methods and tools in practice

- Behaviour change methods
- Assessment tools

Day 3 Diagnosis and problem solving

- Wellbeing at work
- Common mistakes and how to avoid them

Day 4 Quality, safety and documentation

- Ethics in applied psychology
- Regional and international case studies

Day 5 Workshop, assessment and action plan

- How people decide
- Checklists and templates to take away

10-day outline

Day 1 Team Psychology & Group Dynamics: principles and standards

- Motivation and engagement
- Hands-on workshop on a workplace challenge

Day 2 Methods and tools in practice

- Behaviour change methods
- Assessment tools

Day 3 Diagnosis and problem solving

- Wellbeing at work
- Common mistakes and how to avoid them

Day 4 Quality, safety and documentation

- Ethics in applied psychology
- Regional and international case studies

Day 5 Workshop, assessment and action plan

- How people decide
- Checklists and templates to take away

Day 6 Advanced techniques and specialist practice

- Complex cases in depth
- Group discussion and peer review

Day 7 Digital tools, data and automation

- Analysis tools and software
- Using AI in this field

Day 8 Benchmarking against international practice

- Global performance benchmarks
- Measurement and reporting

Day 9 Capstone project

- Analyse a real challenge from your organisation
- Build the solution and implementation plan

Day 10 Presentations, final assessment and certificates

- Project presentations and review
- Final exam and certificate award

Schedule 2027–2030

Dates	Format	City	Language	Fee (USD)
11–15 Jan 2027	5-day online	Live online	English	2,950
17–21 May 2027	5-day classroom	Barcelona	English	4,750
21–25 Jun 2027	5-day classroom	Amsterdam	English	4,750
4–15 Oct 2027	10-day classroom	London	English	8,950
3–14 Jan 2028	10-day online	Live online	English	5,450
15–19 May 2028	5-day classroom	Dubai	English	4,750
16–27 Jul 2028	10-day classroom	Riyadh	Arabic	8,950
5–9 Nov 2028	5-day classroom	Cairo	Arabic	4,750
19–23 Mar 2029	5-day classroom	Singapore	English	4,750

Dates	Format	City	Language	Fee (USD)
17–21 Sep 2029	5-day classroom	Abu Dhabi	Arabic	4,750
4–15 Nov 2029	10-day classroom	Riyadh	English	8,950
17–21 Dec 2029	5-day online	Live online	English	2,950
11–22 Mar 2030	10-day classroom	Istanbul	English	8,950
14–18 Apr 2030	5-day classroom	Riyadh	Arabic	4,750
4–8 Aug 2030	5-day classroom	Muscat	Arabic	4,750
4–15 Nov 2030	10-day online	Live online	Arabic	5,450

Customised and in-house versions of this course are available on request. garnettrainings.com/en/customise/