Garnet
Garnet Global Training Center

GGT-PS-109

Workplace Psychology & Behavioural Science

Psychological Safety in Teams

الأمان النفسي في الفرق

Duration	Language	Formats	Hours	Level
5 or 10 days	**English or Arabic**	**Classroom, online, in-house**	**35 / 70**	**Intermediate (practitioner)**

Overview

Participants in Psychological Safety in Teams practise the methods, tools and standards they need to perform reliably and solve problems on the job. Apply behavioural science to motivation, decisions, safety and wellbeing at work. It runs as a 5-day or 10-day program in English or Arabic, in classrooms in Dubai, Riyadh, Cairo, London, Istanbul and other cities, or live online, and can be delivered in-house.

What you will be able to do

- Apply the methods and standards of Psychological Safety in Teams to real tasks.
- Interpret data and results correctly and act on them.
- Follow safe, compliant and documented work practices.
- Avoid the mistakes that most often cause rework or failure.
- Share good practice with your team.

Who should attend

HR and L&D professionals, managers, safety leaders and organisational development teams. Practitioners with one to five years of experience benefit most.

Key topics

- How people decide
- Motivation and engagement
- Behaviour change methods
- Assessment tools
- Wellbeing at work
- Ethics in applied psychology

Formats and fees

5-day classroom	**USD 4,750**
5-day online	**USD 2,950**
10-day classroom	**USD 8,950**
10-day online	**USD 5,450**
In-house	**Quotation per group**

Fees per participant, excluding VAT.

Register or ask

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Email: info@garnettrainings.com

Training: training@garnettrainings.com

Web: garnettrainings.com

Sharjah Publishing City Free Zone, Sharjah, UAE

Certificate

Participants who attend at least 90% of sessions and complete the final assessment receive a certificate of completion stating 35 contact hours (5-day) or 70 contact hours (10-day).

5-day outline

Day 1 Psychological Safety in Teams: principles and standards

- Motivation and engagement
- Group discussion and peer review

Day 2 Methods and tools in practice

- Behaviour change methods
- Assessment tools

Day 3 Diagnosis and problem solving

- Wellbeing at work
- Measurement and reporting

Day 4 Quality, safety and documentation

- Ethics in applied psychology
- Hands-on workshop on a workplace challenge

Day 5 Workshop, assessment and action plan

- How people decide
- Common mistakes and how to avoid them

10-day outline

Day 1 Psychological Safety in Teams: principles and standards

- Motivation and engagement
- Group discussion and peer review

Day 2 Methods and tools in practice

- Behaviour change methods
- Assessment tools

Day 3 Diagnosis and problem solving

- Wellbeing at work
- Measurement and reporting

Day 4 Quality, safety and documentation

- Ethics in applied psychology
- Hands-on workshop on a workplace challenge

Day 5 Workshop, assessment and action plan

- How people decide
- Common mistakes and how to avoid them

Day 6 Advanced techniques and specialist practice

- Complex cases in depth
- Regional and international case studies

Day 7 Digital tools, data and automation

- Analysis tools and software
- Using AI in this field

Day 8 Benchmarking against international practice

- Global performance benchmarks
- Checklists and templates to take away

Day 9 Capstone project

- Analyse a real challenge from your organisation
- Build the solution and implementation plan

Day 10 Presentations, final assessment and certificates

- Project presentations and review
- Final exam and certificate award

Schedule 2027–2030

Dates	Format	City	Language	Fee (USD)
14–18 Feb 2027	5-day classroom	Riyadh	Arabic	4,750
5–16 Jul 2027	10-day classroom	London	English	8,950
13–17 Sep 2027	5-day classroom	Geneva	English	4,750
18–22 Oct 2027	5-day online	Live online	English	2,950
12–23 Jun 2028	10-day online	Live online	English	5,450
10–21 Jul 2028	10-day classroom	Istanbul	English	8,950
4–8 Sep 2028	5-day classroom	Singapore	English	4,750
19–23 Nov 2028	5-day classroom	Jeddah	English	4,750
15–26 Jan 2029	10-day classroom	Casablanca	English	8,950

Dates	Format	City	Language	Fee (USD)
9–13 Jul 2029	5-day classroom	London	English	4,750
9–13 Sep 2029	5-day classroom	Cairo	Arabic	4,750
3–7 Dec 2029	5-day online	Live online	English	2,950
18–22 Mar 2030	5-day classroom	Barcelona	English	4,750
1–5 Jul 2030	5-day classroom	Abu Dhabi	English	4,750
14–25 Oct 2030	10-day online	Live online	English	5,450
18–29 Nov 2030	10-day classroom	London	English	8,950

Customised and in-house versions of this course are available on request. garnettrainings.com/en/customise/