Garnet
Garnet Global Training Center

GGT-PH-134

Pharmaceutical & Laboratory

# Nutraceuticals & Food Supplements Regulation

تنظيم المكملات الغذائية والمنتجات الصحية

| Duration | Language | Formats | Hours | Level |
|---|---|---|---|---|
| **5 or 10 days** | **English or Arabic** | **Classroom, online, in-house** | **35 / 70** | **Intermediate (practitioner)** |

## Overview

Nutraceuticals & Food Supplements Regulation turns established good practice into step-by-step methods that participants rehearse in exercises and then apply at work. GMP, quality and laboratory programs for pharmaceutical, medical device and testing organisations. You can join a public session in one of 20 cities or live online, in English or Arabic, or bring the course in-house with examples from your own operations.

## What you will be able to do

- Apply the methods and standards of Nutraceuticals & Food Supplements Regulation to real tasks.
- Follow safe, compliant and documented work practices.
- Avoid the mistakes that most often cause rework or failure.
- Share good practice with your team.
- Use the right tools, checks and calculations step by step.

## Who should attend

QA/QC staff, production and laboratory personnel, regulatory affairs specialists. Practitioners with one to five years of experience benefit most.

## Key topics

- GMP and GLP principles
- Validation and qualification
- Documentation and data integrity
- Deviations and CAPA
- Regulatory submissions
- Laboratory instruments

## Formats and fees

| | |
|---|---|
| 5-day classroom | **USD 4,750** |
| 5-day online | **USD 2,950** |
| 10-day classroom | **USD 8,950** |
| 10-day online | **USD 5,450** |
| In-house | **Quotation per group** |

Fees per participant, excluding VAT.

## Register or ask

**WhatsApp:** +971 56 674 7382

**Email:** info@garnettrainings.com

**Training:** training@garnettrainings.com

**Web:** garnettrainings.com

Sharjah Publishing City Free Zone, Sharjah, UAE

## Certificate

Participants who attend at least 90% of sessions and complete the final assessment receive a certificate of completion stating 35 contact hours (5-day) or 70 contact hours (10-day).

## 5-day outline

### Day 1 Nutraceuticals & Food Supplements Regulation: principles and standards

- Validation and qualification
- Regional and international case studies

### Day 2 Methods and tools in practice

- Documentation and data integrity
- Deviations and CAPA

### Day 3 Diagnosis and problem solving

- Regulatory submissions
- Checklists and templates to take away

### Day 4 Quality, safety and documentation

- Laboratory instruments
- Group discussion and peer review

### Day 5 Workshop, assessment and action plan

- GMP and GLP principles
- Measurement and reporting

## 10-day outline

### Day 1 Nutraceuticals & Food Supplements Regulation: principles and standards

- Validation and qualification
- Regional and international case studies

### Day 2 Methods and tools in practice

- Documentation and data integrity
- Deviations and CAPA

### Day 3 Diagnosis and problem solving

- Regulatory submissions
- Checklists and templates to take away

### Day 4 Quality, safety and documentation

- Laboratory instruments
- Group discussion and peer review

### Day 5 Workshop, assessment and action plan

- GMP and GLP principles
- Measurement and reporting

### Day 6 Advanced techniques and specialist practice

- Complex cases in depth
- Hands-on workshop on a workplace challenge

### Day 7 Digital tools, data and automation

- Analysis tools and software
- Using AI in this field

### Day 8 Benchmarking against international practice

- Global performance benchmarks
- Common mistakes and how to avoid them

### Day 9 Capstone project

- Analyse a real challenge from your organisation
- Build the solution and implementation plan

### Day 10 Presentations, final assessment and certificates

- Project presentations and review
- Final exam and certificate award

## Schedule 2027–2030

| Dates | Format | City | Language | Fee (USD) |
|---|---|---|---|---|
| 9–13 May 2027 | 5-day classroom | Cairo | English | 4,750 |
| 21–25 Jun 2027 | 5-day classroom | Kuala Lumpur | English | 4,750 |
| 5–16 Sep 2027 | 10-day classroom | Amman | Arabic | 8,950 |
| 4–8 Oct 2027 | 5-day online | Live online | Arabic | 2,950 |
| 12–16 Mar 2028 | 5-day classroom | Cairo | Arabic | 4,750 |
| 11–22 Jun 2028 | 10-day classroom | Kuwait City | Arabic | 8,950 |
| 3–7 Jul 2028 | 5-day classroom | Paris | English | 4,750 |
| 4–15 Sep 2028 | 10-day online | Live online | English | 5,450 |
| 19–23 Aug 2029 | 5-day classroom | Jeddah | Arabic | 4,750 |

| Dates | Format | City | Language | Fee (USD) |
|---|---|---|---|---|
| 16–20 Sep 2029 | 5-day classroom | Manama | English | 4,750 |
| 5–9 Nov 2029 | 5-day online | Live online | English | 2,950 |
| 16–27 Dec 2029 | 10-day classroom | Doha | English | 8,950 |
| 20–31 Jan 2030 | 10-day classroom | Kuwait City | Arabic | 8,950 |
| 20–24 May 2030 | 5-day classroom | London | English | 4,750 |
| 16–27 Sep 2030 | 10-day online | Live online | Arabic | 5,450 |
| 8–12 Dec 2030 | 5-day classroom | Riyadh | Arabic | 4,750 |

Customised and in-house versions of this course are available on request. garnettrainings.com/en/customise/