Garnet
Garnet Global Training Center

GGT-CP-128

Professional Certification Preparation

IOSH Managing Safely Preparation

التحضير لدورة IOSH للإدارة الآمنة

Duration	Language	Formats	Hours	Level
5 or 10 days	**English or Arabic**	**Classroom, online, in-house**	**35 / 70**	**Certification preparation**

Overview

Participants in IOSH Managing Safely Preparation follow a focused study plan, work through realistic practice questions and learn the exam technique that turns knowledge into a pass. Exam registration and fees are arranged directly with the certifying body. Structured preparation for internationally recognised professional exams, with practice tests and exam technique. It runs as a 5-day or 10-day program in English or Arabic, in classrooms in Dubai, Riyadh, Cairo, London, Istanbul and other cities, or live online, and can be delivered in-house.

What you will be able to do

- Understand the structure, domains and rules of the exam.
- Follow a realistic study plan up to exam day.
- Apply the knowledge at work, not only in the exam.
- Review every knowledge area covered by IOSH Managing Safely Preparation.
- Answer practice questions under timed conditions.

Who should attend

Professionals preparing for a certification exam and managers planning team certification. Candidates should check the eligibility requirements of the certifying body before enrolling.

Key topics

- Exam structure and eligibility
- Body of knowledge review
- Practice questions and mock exams
- Exam technique and time management
- Weak-area remediation
- Study plan after the course

Formats and fees

5-day classroom	**USD 4,750**
5-day online	**USD 2,950**
10-day classroom	**USD 8,950**
10-day online	**USD 5,450**
In-house	**Quotation per group**

Fees per participant, excluding VAT.

Register or ask

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Training: training@garnettrainings.com

Web: garnettrainings.com

Sharjah Publishing City Free Zone, Sharjah, UAE

Certificate

Participants who attend at least 90% of sessions and complete the final assessment receive a certificate of completion stating 35 contact hours (5-day) or 70 contact hours (10-day).

5-day outline

Day 1 Exam overview and diagnostic test
- Weak-area remediation
- Measurement and reporting

Day 2 Knowledge areas review: part 1
- Study plan after the course
- Exam structure and eligibility

Day 3 Knowledge areas review: part 2
- Body of knowledge review
- Hands-on workshop on a workplace challenge

Day 4 Practice questions and exam technique
- Practice questions and mock exams
- Common mistakes and how to avoid them

Day 5 Full mock exam and study plan
- Exam technique and time management
- Regional and international case studies

10-day outline

Day 1 Exam overview and diagnostic test
- Weak-area remediation
- Measurement and reporting

Day 2 Knowledge areas review: part 1
- Study plan after the course
- Exam structure and eligibility

Day 3 Knowledge areas review: part 2
- Body of knowledge review
- Hands-on workshop on a workplace challenge

Day 4 Practice questions and exam technique
- Practice questions and mock exams
- Common mistakes and how to avoid them

Day 5 Full mock exam and study plan
- Exam technique and time management
- Regional and international case studies

Day 6 Deep review of the hardest domains
- Analysis of mock exam results
- Focus on weak areas

Day 7 Extended question banks
- Domain-by-domain questions
- Scenario questions

Day 8 Second mock exam
- Full timed exam
- Answer review

Day 9 Time and pressure management
- Strategies for long questions
- Handling unexpected questions

Day 10 Final mock exam and last-week plan
- Final exam
- Exam-day checklist

Schedule 2027–2030

Dates	Format	City	Language	Fee (USD)
19–23 Apr 2027	5-day classroom	Amsterdam	English	4,750
18–22 Jul 2027	5-day classroom	Kuwait City	Arabic	4,750
8–19 Aug 2027	10-day classroom	Riyadh	English	8,950
13–17 Dec 2027	5-day online	Live online	Arabic	2,950
10–14 Jan 2028	5-day classroom	Amsterdam	English	4,750
8–19 May 2028	10-day online	Live online	Arabic	5,450
5–9 Jun 2028	5-day classroom	Singapore	English	4,750
21 Aug – 1 Sep 2028	10-day classroom	Vienna	English	8,950
16–20 Jul 2029	5-day classroom	Amsterdam	English	4,750
6–10 Aug 2029	5-day classroom	Istanbul	English	4,750

Dates	Format	City	Language	Fee (USD)
1–5 Oct 2029	5-day online	Live online	English	2,950
12–23 Nov 2029	10-day classroom	Paris	English	8,950
14–18 Jan 2030	5-day classroom	Dubai	Arabic	4,750
7–18 Apr 2030	10-day classroom	Kuwait City	English	8,950
14–18 Jul 2030	5-day classroom	Cairo	Arabic	4,750
14–25 Oct 2030	10-day online	Live online	Arabic	5,450

Customised and in-house versions of this course are available on request. garnettrainings.com/en/customise/