Garnet
Garnet Global Training Center

GGT-HS-110

HSE & Process Safety

Confined Space Entry & Rescue

الدخول إلى الأماكن المحصورة والإنقاذ

Duration	Language	Formats	Hours	Level
5 or 10 days	**English or Arabic**	**Classroom, online, in-house**	**35 / 70**	**Intermediate (practitioner)**

Overview

Confined Space Entry & Rescue focuses on how the work is actually done: the methods, checks and decisions practitioners use every day, illustrated with real cases from the region. Prevent incidents by understanding hazards, controlling risk and leading safety culture. Choose 5 or 10 days, classroom or live online, English or Arabic; organisations can also run it in-house and adapt the examples to their own work.

What you will be able to do

- Apply the methods and standards of Confined Space Entry & Rescue to real tasks.
- Use the right tools, checks and calculations step by step.
- Diagnose common problems and identify root causes.
- Interpret data and results correctly and act on them.
- Follow safe, compliant and documented work practices.

Who should attend

HSE professionals, operations leaders, supervisors and anyone accountable for safe work. Practitioners with one to five years of experience benefit most.

Key topics

- Hazard identification and risk assessment
- Barriers, bow-tie and layers of protection
- Legal duties and international standards
- Human factors and safety culture
- Emergency preparedness
- Lessons from major accident investigations

Formats and fees

5-day classroom	**USD 4,750**
5-day online	**USD 2,950**
10-day classroom	**USD 8,950**
10-day online	**USD 5,450**
In-house	**Quotation per group**

Fees per participant, excluding VAT.

Register or ask

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Email: info@garnettrainings.com

Training: training@garnettrainings.com

Web: garnettrainings.com

Sharjah Publishing City Free Zone, Sharjah, UAE

Certificate

Participants who attend at least 90% of sessions and complete the final assessment receive a certificate of completion stating 35 contact hours (5-day) or 70 contact hours (10-day).

5-day outline

Day 1 Confined Space Entry & Rescue: principles and standards
- Legal duties and international standards
- Group discussion and peer review

Day 2 Methods and tools in practice
- Human factors and safety culture
- Emergency preparedness

Day 3 Diagnosis and problem solving
- Lessons from major accident investigations
- Measurement and reporting

Day 4 Quality, safety and documentation
- Hazard identification and risk assessment
- Hands-on workshop on a workplace challenge

Day 5 Workshop, assessment and action plan
- Barriers, bow-tie and layers of protection
- Common mistakes and how to avoid them

10-day outline

Day 1 Confined Space Entry & Rescue: principles and standards
- Legal duties and international standards
- Group discussion and peer review

Day 2 Methods and tools in practice
- Human factors and safety culture
- Emergency preparedness

Day 3 Diagnosis and problem solving
- Lessons from major accident investigations
- Measurement and reporting

Day 4 Quality, safety and documentation
- Hazard identification and risk assessment
- Hands-on workshop on a workplace challenge

Day 5 Workshop, assessment and action plan
- Barriers, bow-tie and layers of protection
- Common mistakes and how to avoid them

Day 6 Advanced techniques and specialist practice
- Complex cases in depth
- Regional and international case studies

Day 7 Digital tools, data and automation
- Analysis tools and software
- Using AI in this field

Day 8 Benchmarking against international practice
- Global performance benchmarks
- Checklists and templates to take away

Day 9 Capstone project
- Analyse a real challenge from your organisation
- Build the solution and implementation plan

Day 10 Presentations, final assessment and certificates
- Project presentations and review
- Final exam and certificate award

Schedule 2027–2030

Dates	Format	City	Language	Fee (USD)
8–12 Mar 2027	5-day classroom	London	English	4,750
7–11 Jun 2027	5-day classroom	Dubai	Arabic	4,750
12–16 Jul 2027	5-day online	Live online	Arabic	2,950
2–13 Aug 2027	10-day classroom	Kuala Lumpur	English	8,950
16–20 Jan 2028	5-day classroom	Riyadh	Arabic	4,750
8–12 May 2028	5-day classroom	Dubai	English	4,750
3–14 Jul 2028	10-day online	Live online	Arabic	5,450
18–29 Sep 2028	10-day classroom	Singapore	English	8,950
1–5 Jan 2029	5-day online	Live online	English	2,950

Dates	Format	City	Language	Fee (USD)
4–15 Mar 2029	10-day classroom	Muscat	English	8,950
6–10 Aug 2029	5-day classroom	Dubai	English	4,750
1–5 Oct 2029	5-day classroom	London	English	4,750
17–28 Jun 2030	10-day classroom	Istanbul	English	8,950
7–11 Jul 2030	5-day classroom	Doha	Arabic	4,750
21–25 Oct 2030	5-day classroom	London	English	4,750
4–15 Nov 2030	10-day online	Live online	Arabic	5,450

Customised and in-house versions of this course are available on request. garnettrainings.com/en/customise/