Garnet
Garnet Global Training Center

GGT-PS-118

Workplace Psychology & Behavioural Science

Cognitive Biases in Decision Making

التحيزات المعرفية في اتخاذ القرار

Duration	Language	Formats	Hours	Level
5 or 10 days	**English or Arabic**	**Classroom, online, in-house**	**35 / 70**	**Intermediate (practitioner)**

Overview

Cognitive Biases in Decision Making focuses on how the work is actually done: the methods, checks and decisions practitioners use every day, illustrated with real cases from the region. Apply behavioural science to motivation, decisions, safety and wellbeing at work. Choose 5 or 10 days, classroom or live online, English or Arabic; organisations can also run it in-house and adapt the examples to their own work.

What you will be able to do

- Apply the methods and standards of Cognitive Biases in Decision Making to real tasks.
- Avoid the mistakes that most often cause rework or failure.
- Share good practice with your team.
- Use the right tools, checks and calculations step by step.
- Diagnose common problems and identify root causes.

Who should attend

HR and L&D professionals, managers, safety leaders and organisational development teams. Practitioners with one to five years of experience benefit most.

Key topics

- How people decide
- Motivation and engagement
- Behaviour change methods
- Assessment tools
- Wellbeing at work
- Ethics in applied psychology

Formats and fees

5-day classroom	**USD 4,750**
5-day online	**USD 2,950**
10-day classroom	**USD 8,950**
10-day online	**USD 5,450**
In-house	**Quotation per group**

Fees per participant, excluding VAT.

Register or ask

WhatsApp: +971 56 674 7382

Email: info@garnettrainings.com

Training: training@garnettrainings.com

Web: garnettrainings.com

Sharjah Publishing City Free Zone, Sharjah, UAE

Certificate

Participants who attend at least 90% of sessions and complete the final assessment receive a certificate of completion stating 35 contact hours (5-day) or 70 contact hours (10-day).

5-day outline

Day 1 Cognitive Biases in Decision Making: principles and standards

- Behaviour change methods
- Group discussion and peer review

Day 2 Methods and tools in practice

- Assessment tools
- Wellbeing at work

Day 3 Diagnosis and problem solving

- Ethics in applied psychology
- Measurement and reporting

Day 4 Quality, safety and documentation

- How people decide
- Hands-on workshop on a workplace challenge

Day 5 Workshop, assessment and action plan

- Motivation and engagement
- Common mistakes and how to avoid them

10-day outline

Day 1 Cognitive Biases in Decision Making: principles and standards

- Behaviour change methods
- Group discussion and peer review

Day 2 Methods and tools in practice

- Assessment tools
- Wellbeing at work

Day 3 Diagnosis and problem solving

- Ethics in applied psychology
- Measurement and reporting

Day 4 Quality, safety and documentation

- How people decide
- Hands-on workshop on a workplace challenge

Day 5 Workshop, assessment and action plan

- Motivation and engagement
- Common mistakes and how to avoid them

Day 6 Advanced techniques and specialist practice

- Complex cases in depth
- Regional and international case studies

Day 7 Digital tools, data and automation

- Analysis tools and software
- Using AI in this field

Day 8 Benchmarking against international practice

- Global performance benchmarks
- Checklists and templates to take away

Day 9 Capstone project

- Analyse a real challenge from your organisation
- Build the solution and implementation plan

Day 10 Presentations, final assessment and certificates

- Project presentations and review
- Final exam and certificate award

Schedule 2027–2030

Dates	Format	City	Language	Fee (USD)
8–12 Mar 2027	5-day online	Live online	English	2,950
19–23 Apr 2027	5-day classroom	Abu Dhabi	English	4,750
16–20 Aug 2027	5-day classroom	Amsterdam	English	4,750
1–12 Nov 2027	10-day classroom	Dubai	English	8,950
3–14 Jul 2028	10-day online	Live online	English	5,450
17–21 Sep 2028	5-day classroom	Kuwait City	Arabic	4,750
16–27 Oct 2028	10-day classroom	Barcelona	English	8,950
4–8 Dec 2028	5-day classroom	Vienna	English	4,750
2–6 Apr 2029	5-day classroom	Dubai	English	4,750

Dates	Format	City	Language	Fee (USD)
21 May – 1 Jun 2029	10-day classroom	Barcelona	English	8,950
3–7 Sep 2029	5-day online	Live online	Arabic	2,950
16–20 Dec 2029	5-day classroom	Manama	Arabic	4,750
13–17 May 2030	5-day classroom	London	English	4,750
5–16 Aug 2030	10-day classroom	Geneva	English	8,950
7–18 Oct 2030	10-day online	Live online	Arabic	5,450
18–22 Nov 2030	5-day classroom	Abu Dhabi	English	4,750

Customised and in-house versions of this course are available on request. garnettrainings.com/en/customise/